



GALA RULES, ENTRY CRITERIA & OPERATIONS

TITLE	DETAILS
1. SSA REQUIREMENTS	LEVEL 2 & LEVEL 3 COMPETITIONS • Swimmers must have at least one (1) 200m Individual Medley (IM) Time recorded on the SSA Database. • Swimmers aged 9 years with a level 2 time may swim the Level 1 competition SOUTH AFRICAN NATIONAL JUNIOR CHAMPIONSHIPS (SANJ) • Swimmers must have at least one (1) of the following times recorded on the SSA Database: – 200m Individual Medley; or – 400m Individual Medley.
2. SWIMMERS REGISTERED AS LEVEL 1	PERMITTED EVENTS Level 1 swimmers may compete only in the following events: • 50m events • 100m events • 200m Freestyle • 200m Individual Medley LEVEL UPGRADES • Swimmers who achieve Level 2 qualifying times must be upgraded immediately.
3. EVENT AGES	AGES • All participants must comply with the published age groups for each event. • Coaches and Gala Secretaries are responsible for ensuring that swimmers are entered in the correct age groups. • A swimmer entered incorrectly in an age-restricted event will be withdrawn from that event. • The swimmers age is as on the first day of the competition

4. ENTRY TIMES	TIME QUALIFICATION PERIODS WINTER CHAMPIONSHIPS • Times achieved from 1 May the previous season will be accepted. i.e. Winter champs held in August 2026; times from 01 May 2025 will be accepted. • Entries submitted as No Time (NT) are not permitted at the Winter Championship Gala. SUMMER CHAMPIONSHIPS • For entries submitted from 1 September 2026 onwards, only times achieved from 1 May 2026 will be accepted. • Entries submitted as No Time (NT) are not permitted at the Summer Championship Gala. GENERAL TIME RULES • All entry times must be recorded on the SSA Database. • Custom times are not accepted. • No Times (NT) are not permitted at our Championship Galas.
5. CHAMPIONSHIP GALA FORMAT	WINTER CHAMPIONSHIPS • Juniors (12 & Under): Timed Finals. • Seniors (13 & Over): Heats and Finals. • Exceptions: The 200m Butterfly, 400m Individual Medley and 400m Freestyle will be swum as Timed Finals. SUMMER CHAMPIONSHIPS • Are swum as heats and finals • Exceptions: – 400m Freestyle – 800m Freestyle – 1500m Freestyle – 200m Butterfly – 400m Individual Medley These events will be swum as timed finals. 400m Freestyle and 400m Individual Medley will be swum as follows – Slowest heat in the heats session; – Fastest heat in the finals session;

7. LONG-DISTANCE QUALIFICATION	LONG-DISTANCE EVENTS Qualifying times apply to the following events at both the Winter and Summer Championships: • 400m Freestyle • 800m Freestyle • 1500m Freestyle • 400m Individual Medley IMPORTANT: Please take note of the qualifying times. Swimmers may not enter these events merely as a warm-up. If your swimmer is entered and they do not meet the qualifying criteria the swimmer will be removed from this event without prior notice.
8. AGE GROUP GALA STRUCTURE	WINTER AGE GROUP GALAS – Session 1: Seniors (13 & Over) – Session 2: Juniors (12 & Under) These galas will be swum as separate events i.e. Junior Winter 1 and a Senior Winter 1; days/dates are reliant on availability of pool space. SUMMER AGE GROUP GALAS • Swum as a single session with a 25-minute midday break Please note that sessions can change due to unforeseen circumstances and dependent on number of entries received.
9. EVENT ENTRY LIMITS	NUMBER OF ENTRIES PER SWIMMER • Winter Age Group Gala: Maximum 5 events • Winter Championships: Maximum 5 events • Summer Age Group Gala: Maximum 5 events • Summer Championships: Maximum 3 events per day + relays • Last Chance Gala: No restriction
10. EVENT CONTINGENCY	If scheduled events cannot be completed due to circumstances beyond EGA's control, EGA will endeavour to reschedule or accommodate the affected events within the remaining galas where reasonably possible.

11. WARM-UP PROTOCOL	LANE ALLOCATION • Clubs will be allocated lanes and time slots on a rotational basis. WARM-UP STRUCTURE • Each warm-up session will be 30 minutes. • Diving will be permitted during the final 10 minutes in designated lanes only. POOL DECK RULES • Only registered coaches are permitted on the pool deck. • Parents may not act as coaches or assist swimmers during warm-up. • Swimmers may not climb over touchpads or hang on lane ropes. • A R1,000 fine will be issued to the club for any violation of these rules. PERMITTED WARM-UP EQUIPMENT • Kickboards, pull buoys, paddles and snorkels may be used. • Fins are not permitted because they may damage the touchpads. ALTERNATIVE WARM-UP ARRANGEMENTS • Clubs warming up at alternative venues must notify the Local Organising Committee (LOC), so that their allocated lane may be reassigned. • Email: loc@easterngautengaquatics.co.za POOL CLEARANCE • For a 08:00am start the pool must be cleared by no later than 07:45. • For a 07:30am start the pool must be cleared by no later than 07:20.
12. GALA TIMES	TIMES • Warm-up and session start times are subject to change. The standard warm-up starts at 06:00. The standard gala time is 08:00 OR 07:30 • Winter Competition session start times will be confirmed when the meet information is distributed.
13. OFFICIALS REQUIREMENTS	TIMEKEEPERS & JUDGES All clubs are required to submit their officials' names to our Officials Convenor by the official's submission cutoff date.
14. COACHES	COACHES ON POOL DECK Only registered and qualified coaches are permitted on pool deck.

15. TEAM LEADERS

CLUB TEAM LEADERS

All clubs are required to have at least one team leader for our competitions.

- All Team Leaders must be registered officials.
- Team Leader allocation:

# Of Swimmers	Team Leader Requirement
1 – 10	1
11 – 20	2
21 – 40	3
40 +	4

Clubs with multiple squads should have team leaders for each squad.

16. GALA ENTRIES

ENTRY PROCEDURE

- All swimmers must be registered at least 14 days before the start of a competition.
- Entries must be submitted through the prescribed entry process.
- Please ensure entries are submitted by the deadline.
- Entries must be on a Team Manager Com-link File and accompanied by a **Team Manager PDF File and an Entry Fee Report**.
- A separate PDF File of relay entries must also be submitted where applicable.
- Entries are to be e-mailed with the proof of payment to the Gala Secretary at galas@easterngautengaquatics.co.za
- **NO SMS, What's App, E-mail or Verbal notifications will be accepted**
- Entries received after the closing date will automatically be treated as late entries and the applicable late-entry fee will apply.
- Clubs must check their entries carefully before submitting them to EGA.
- Psych sheets will be distributed to clubs after the closing date for checking.
- Each affiliate is responsible for confirming that all swimmers and events are listed correctly. Any corrections must be emailed to the Gala Secretary as soon as possible.
- After corrections have been done another set of psych sheets will be distributed for checking.
- No changes will be made on the evening before the gala or on the day of the gala.
- Swimmers will not be added to the competition on the day of the gala.

17. GALA FEES

PAYMENT

All gala entry fees must be paid to EGA before the start of the gala unless prior arrangements have been made with the Treasurer.

ACCOUNT NAME	EASTERN GAUTENG AQUATICS
BANK	FIRST NATIONAL BANK
BRANCH NUMBER	251742
ACCOUNT NUMBER	5120 0045 289
REFERENCE	CLUB NAME & GALA (i.e. S1 for summer 1)