



## OPEN WATER NATIONALS

These are swimmers who have achieved the required Criteria as set out by Eastern Gauteng Aquatics to participate in the Swimming South Africa Open Water National Championships.

- Participation in 3 x 3km Open Water events as well as the Gauteng Open Water Challenge is mandatory

The following points system is used to calculate the Open Water Swimmer of the Year and Top Performer at Open Water Nationals.

### OPEN WATER POINTS FOR ANNUAL AWARDS

TO EARN POINTS FOR THE OPEN WATER AWARD  
YOU MUST COMPETE AT THE GAUTENG OPEN WATER CHALLENGE AND  
BE SELECTED TO COMPETE AT OPEN WATER NATIONALS  
POINTS ARE CALCULATED ON RESULTS AND BOTH EVENTS WILL BE  
TAKEN INTO CONSIDERATION.  
BONUS POINTS ARE THEN ADDED TO THE RESULTS POINTS

POSITION	DISTANCE				
	10KM	7.5KM	5KM	3KM	1KM
1	60	50	45	35	30
2	55	45	40	30	25
3	50	40	35	25	20
4	45	35	30	20	15
5	40	30	25	15	10
6	35	25	20	12	9
7	30	20	18	10	8
8	25	18	16	8	7
9	20	16	14	7	6
10	15	14	12	9	5
11	12	11	10	5	4
12	10	9	8	4	3
13	8	7	6	3	2
14	6	5	4	2	1
15	4	3	2	1	0

**BONUS POINTS:**



BONUS POINTS			
DISTANCE		DISTANCE	
1 KM & 3 KM		10KM, 5KM & 3KM	
<b>WINNER</b>	<b>30</b>	<b>WINNER</b>	<b>35</b>
<b>TIME BEHIND THE WINNER</b>		<b>TIME BEHIND THE WINNER</b>	
30 SEC OR LESS	27	30 SEC OR LESS	30
31- 59 SEC	24	31- 59 SEC	27
1 - 2 MINS	20	1 - 2 MINS	24
2 - 4 MINS	18	2 - 4 MINS	20
4 - 7 MINS	15	4 - 7 MINS	18
7 - 10 MINS	12	7 - 10 MINS	15